

## Year 1

### INSET day – Monday 22<sup>nd</sup> February 2021

Today is an INSET day for Barnes Farm Infant School. Please find below activities that you can choose to do with your child throughout day. As usual, feel free to share and upload the completed activities on Tapestry.

#### Suggested learning for the morning:

##### **English** – We're going on a bear hunt!

Watch the story using the following link: <https://www.youtube.com/watch?v=ogyl6ykDwds> Join in with Michael Rosen to learn the actions to retell the story. Try creating your own actions to retell a story of your choice. You could record this and share it on Tapestry with your teacher.

**Phonics** – Practise reading some of the phase 5 tricky words we have been learning: oh, people, their, looked, called, asked, were, there, out, water, where, again, who, thought, through, work, mouse. Fill in the blank word search grid with all of the tricky words, fill the gaps with any letters and give it to someone in your home to complete.

**Maths** – Shape hunt! Go on a hunt around your home to find as many shapes as you can. If you need to recap shapes and their names watch the following videos. Draw the shapes that you find and make a shape picture.

2D shapes:

[https://central.espresso.co.uk/espresso/primary\\_uk/subject/module/video/item883111/grade1/module883106/index.html](https://central.espresso.co.uk/espresso/primary_uk/subject/module/video/item883111/grade1/module883106/index.html)

3D shapes:

[https://central.espresso.co.uk/espresso/primary\\_uk/subject/module/video/item883113/grade1/module883106/index.html](https://central.espresso.co.uk/espresso/primary_uk/subject/module/video/item883113/grade1/module883106/index.html)

#### Suggested learning for the afternoon:

**Art/DT** – Create a cave for the bear from the story. You could use lego or it could be a junk model creation! Feel free to draw a picture of your model and write about what you have made.

**Science walk** – Go on a walk in your local area. Count how many different plants you see. Can you name them all? When you're back home, you could draw all the different plants you have seen.

**PE** – Warthogs Hippo Hops (Activity details at the end of this document). Or complete a session of yoga! Use the link to access a session of your choice: <https://www.youtube.com/user/CosmicKidsYoga>

#### Screen Time Warning

While some tasks involve a device with a screen such as an iPad, computer, laptop, tablet, phone or TV, not all tasks will require such a device.

It is important that children do not spend too much time in front of a screen (learning or having some down time) and are enjoying other activities such as colouring, drawing, playing with toys, being active, reading and interacting with those at home.

Thank you.

Word search grid for phonics activity:

Create a word search using your own words list.


Write your word list here:


# WARTHOGS HIPPO HOPS

*balance, strength, agility skills*

**Equipment:** Soft Toys, cushions, clothes

## How to play:



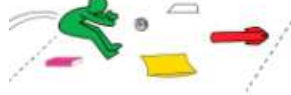
As a magnificent Warthog, imagine a tasty-looking insect has caught your eye... but it's on the other side of a mud hole full of sleeping hippos! Can you get through to the tasty snack without waking them?

Grab some cushions, clothes or even pieces of paper to be the hippos, then lay them out across the floor. Make sure they're not too far apart.

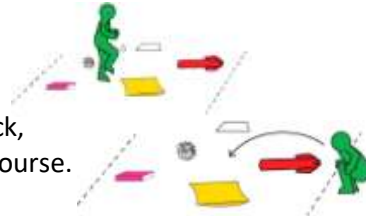


When you're ready, start your crossing!

Crouch down like a frog and leap over the first hippo.



When you land back on the floor, keep hopping to stay out of the mud! Make your way across the mud hole, leapfrogging over the hippos until you reach the other side.



Once you've made it to the other side, turn around and cross back, leapfrogging the hippos again. Keep going until the end of your course.

Keeping playing for 10 minutes.

**Skill Tip:** Start in a standing position with your feet at shoulder width. Then lower down into a 3/4 squat position with your arms at your sides. Pause here for a second and get ready to jump up and forwards. As you land back down, absorb the landing by bending your knees. Keep eyes up and concentrate.

What was your quickest crossing today? Try again another day and see if you can go quicker and for longer over the week.

## Challenges:

1. Play the game again, and see if you can use fewer jumps.
2. Try taking off and landing on one leg. Use the other leg if you get tired.
3. Try with a friend. Who is the quickest? Who uses fewest jumps?

### STEP

**S**pace - make the jumping space longer or shorter.

**T**ask – Try other ways to get over , hopping , leaping , on your hands and feet.

**E**quipment – make the objects higher or lower.

**P**eople –Time yourself against a friend. Find your personal best and try and beat it.