



PSHE Curriculum Map – 2022-23

Spiral Approach – 6 key themes

Me and My Relationships	Being My Best	Valuing Difference
Keeping Myself Safe	Rights and Responsibilities	Growing and Changing

		Reception	Year 1	Year 2	
Autumn 1	SCARF/PSHE Association Programme of Study	Me and My Relationships	Me and My Relationships Includes feelings/emotions/conflict resolution/friendships	Me and My Relationships Includes feelings/emotions/conflict resolution/friendships	
	BFIS Bespoke Coverage Events and Enrichment	BFIS Classroom Rules Zones of Regulation Intro Week Visitors – NSPCC – Speak Out, Stay Safe Assembly, Community – Learn a Language Visit, WOW Walk to School Initiative Safer Essex Road Partnership	BFIS Classroom Rules Zones of Regulation – BFIS weeks 1 – 4 School Councillors voted and elected – Years 1 and 2 Health Champions voted and elected – Years 1 and 2 Visitors – NSPCC – Speak Out, Stay Safe Assembly, Community – Learn a Language Visit, WOW Walk to School Initiative Safer Essex Road Partnership	BFIS Classroom Rules Zones of Regulation – BFIS Recap School Councillors voted and elected – Years 1 and 2 Emotional Pot Health Champions voted and elected – Years 1 and 2 Visitors – NSPCC – Speak Out, Stay Safe Assembly, Community – Learn a Language Visit, WOW Walk to School Initiative Safer Essex Road Partnership	
Autumn 2	SCARF/PSHE Association Programme of Study	Me and My Relationships	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Valuing Difference	
		Being My Best			
		Valuing Difference			
	Rights and Responsibilities				
SCARF/PSHE Association Programme of Study	Introduction of Capes of Success Christmas Jumper Day – TBC Visitors – Fire Brigade Reindeer Wellbeing Event	Anti-Bullying Week – wc 15 th Nov 2022 Christmas Jumper Day – TBC Visitors – Fire Brigade Reindeer Wellbeing Event	Anti-Bullying Week (Friendship Week)– wc 15 th Nov 2022 Christmas Jumper Day – TBC Visitors – Fire Brigade Reindeer Wellbeing Event		
Autumn Assembly Focus School Rules and BFIS Ethos (please note – other celebration and awareness days may be included)	School Ethos Focus School Rules and BFIS Ethos	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
		School Council launch Health Champions 20 – Recycle Week Starts 22 – National Fitness Day Learn a Language – Year 1 = Portuguese Learn a Language – Year 2 = German SCARF Assembly NSPCC - Speak out, Stay Safe Assembly	01 – Black History Month Health Champions - Kirsty 7 th October - ECC Road Safety Training – Reception Harvest Assembly on 19 th October – Reverend Andy Brown 24 th October to 1 st November - Diwali Halloween / Fireworks – Mon 31 st October 1:00 -1:30 - Neil Soanes Essex Fire and Rescue Service Scarf Assembly – S is for Safety	05 – Guy Fawke’s Night/Bonfire Night 11 – Remembrance Day 12 – Children in Need 13 World Kindness day 14 – 20 th – Anti-bullying Week 16 – Road Safety Week 28 – start of Advent 30 – St Andrew’s Day (Christian) Learn a Language – Year 1 = Portuguese – invite parent/carers Learn a Language – Year 2 = German – invite parent/carers Scarf Assembly – C is for Caring	10 – Christmas Dress Up Day 19 th December – Christmas Assembly – Reverend Andy Brown

Spring 1	SCARF/PSHE Association Programme of Study	Keeping Myself Safe	Keeping Myself Safe Includes aspects of Relationships Education	Keeping Myself Safe	
		Valuing Difference			
	BFIS Bespoke Coverage Events and Enrichment	Children's Mental Health Week – Feb 2022 Safer Internet Day – Tuesday 8 th Feb 2022 Health Champions voted and elected – Reception School Councillors voted and elected – all Year groups Visitors – SCARF Workshop	School Councillors voted and elected – all Year groups Children's Mental Health Week – Feb 2021 Safer Internet Day – Tuesday 8 th Feb 2022 Visitors – SCARF Workshop	School Councillors voted and elected – all Year groups Children's Mental Health Week – Feb 2022 Safer Internet Day – Tuesday 8 th Feb 2022 Visitors – Fire Brigade linked to Great Fire of London Visitors – SCARF Workshop Mini First Aid	
Spring 2	SCARF/PSHE Association Programme of Study	Being My Best	Rights and Responsibilities Includes money/living in the wider	Rights and Responsibilities	
		Growing and Changing			
	BFIS Bespoke Coverage Events and Enrichment	BFIS Healthy Body, Healthy Minds Week – The Children's Health Project No Pens Day Wednesday – TBC	BFIS Healthy Body, Healthy Minds Week – The Children's Health Project No Pens Day Wednesday – TBC	BFIS Healthy Body, Healthy Minds Week – The Children's Health Project Managing stress and anxiety No Pens Day Wednesday – TBC	
Spring Assembly Focus British Values (please note – other celebration and awareness days may be included)	School Ethos Focus British Values		JANUARY	FEBRUARY	MARCH
			<p>Learn a Language – Reception = French</p> <p>Learn a Language – Year 1 = Urdu</p> <p>Learn a Language – Year 2 = Yoruba</p> <p>Health Champions School Council update SCARF Assembly 22 – Chinese New Year</p>	<p>4-11 – Children's Mental Health Week</p> <p>07 – Safer Internet Day</p> <p>14 – Valentine's Day SCARF Assembly</p> <p>21 - Shrove Tuesday (Christian)</p> <p>22 Ash Wednesday (Christian)</p> <p>NO PENS DAY – DATE TO BE ANNOUNCED</p>	<p>02 – World Book Day</p> <p>11 – British Science Week</p> <p>16 – Young Carers Action Day</p> <p>17 – St Patrick's Day</p> <p>18 – Global Recycling Day</p> <p>18 – Holi (Hindu)</p> <p>20 – International Day of Happiness</p> <p>21 – World Poetry Day</p> <p>22 (until 20/4) Ramadan</p> <p>27 – Easter Focus</p>

Summer 1	SCARF/PSHE Association Programme of Study	Growing and Changing	Valuing Difference Includes British Values focus	Being My Best
		Rights and Responsibilities		
	BFIS Bespoke Coverage Events and Enrichment	World Environment Day – 5 th June 2023	World Environment Day – 5 th June 2023 School Councillors voted and elected – all Year groups Visit to Pets at Home – re: looking after animals	World Environment Day – 5 th June 2023 School Councillors voted and elected – all Year groups
Summer 2	SCARF/PSHE Association Programme of Study	Valuing Difference	Growing and Changing Includes RSE-related issues	Growing and Changing Includes RSE-related issues
		Keeping Myself Safe		
	BFIS Bespoke Coverage Events and Enrichment	Visitors – Police	NSPCC – Pants – The Underwear Rule Visitors – Health	NSPCC – Pants – The Underwear Rule

Summer Assembly Focus Transitions and We are all special (please note – other celebration and awareness days may be included)	School Ethos Focus Transitions and We are all special	APRIL	MAY	JUNE	JULY
	 <p>BFIS Owl Code</p> <p>Be Your Best Be Kind and Generous Be Kind and Gentle Be Confident Be Brave</p> <p>BFIS Capes of Success</p> <p>Concentration Teamwork Bravery Quality Drive Perseverance Independence</p>	<p>Learn a Language – Reception = Spanish</p> <p>Learn a Language – Year 1 = Bulgarian</p> <p>Learn a Language – Year 2 = Mandarin</p> <p>Health Champions</p> <p>School Council update</p> <p>Mathematics Awareness Month</p> <p>02 – World Autism Awareness Day</p> <p>07 – World Health Day</p> <p>22 – Earth Day</p> <p>22 – Eid-al-Fitr</p> <p>23 – St George’s Day</p> <p>25 – National Gardening Week</p> <p>29 - International Dance Day</p>	<p>01 – May Day</p> <p>01 – Local & Community History Month</p> <p>01 – National Share a Story Month</p> <p>02 – Teacher Appreciation Week</p> <p>02 – Deaf Awareness Week</p> <p>06 – Sun Awareness Week</p> <p>07 – NSPCC Number Day</p> <p>08 – VE Day</p> <p>13 – Mental Health Awareness Week</p> <p>13 – National Numeracy Day</p> <p>21 – World Day for Cultural Diversity</p> <p>Water Safety – Tues 9th May</p> <p>10:30 – 11:00 – Neil Soanes – Essex Fire and Rescue Service</p>	<p>01 Dinosaur Day</p> <p>03 – Platinum Jubilee Bank Holiday</p> <p>05 – World Environment Day</p> <p>08 – World Ocean’s Day</p> <p>18 - National School Sports Week</p> <p>19 – Father’s Day</p> <p>21 – World Music Day</p> <p>SCARF Assembly</p> <p>Summer Safety – Mon 26th June</p> <p>09:30 – 10:00 – Neil Soanes Essex Fire and Rescue Service</p>	<p>Children’s Art Week - TBC</p> <p>SCARF Assembly – F is for Friendship</p>