

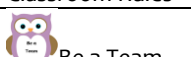
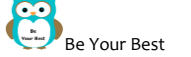
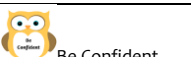
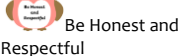
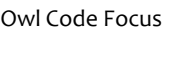















# PSHE Curriculum Map – 2023-24

Spiral Approach – 6 key themes

<b>Me and My Relationships</b>	<b>Being My Best</b>	<b>Valuing Difference</b>
<b>Keeping Myself Safe</b>	<b>Rights and Respect</b>	<b>Growing and Changing</b>

	Week	School Ethos Focus Assembly Focus	Reception	Year 1	Year 2
<b>Autumn 1</b>	1 6 <sup>th</sup> -8 <sup>th</sup> Sep 23	 Owl Code Introduction	Zones of Regulation Intro Week BFIS Classroom Rules	Zones of Regulation Intro Week BFIS Classroom Rules Me and My Relationships – Pre Unit Assessment	Zones of Regulation Intro Week BFIS Classroom Rules
	2 w/c 11 <sup>th</sup> Sep 23	 Be Kind and Gentle – Classroom Rules	<b>Me and My Relationships</b> <u>All about me</u>	<b>Me and My Relationships</b> <u>Why we have classroom rules</u>	<b>Me and My Relationships</b> Our ideal classroom – Pre Unit Assessment
	3 w/c 18 <sup>th</sup> Sep 23	 Be a Team - Playground Rules	<b>Me and My Relationships</b> <u>What makes me special</u>	<b>Me and My Relationships</b> <u>How are you listening?</u>	<b>Me and My Relationships</b> <u>How are you feeling today?</u>
	4 w/c 25 <sup>th</sup> Sep 23	 Be Your Best Over and Above/Behaviour	NSPCC – Speak Out Stay Safe <b>Me and My Relationships</b> <u>Me and my special people</u>	NSPCC – Speak Out Stay Safe <b>Me and My Relationships</b> <u>Thinking about feelings</u>	NSPCC – Speak Out Stay Safe – Lesson follow up
	5 w/c 2 <sup>nd</sup> Oct 23	 Be Confident	<b>Me and My Relationships</b> <u>Who can help me?</u>	<b>Me and My Relationships</b> <u>Our feelings</u>	<b>Me and My Relationships</b> <u>Let's all be happy!</u>
	6 w/c 9 <sup>th</sup> Oct 23	 Be Honest and Respectful	<b>Me and My Relationships</b> <u>My feelings</u>	<b>Me and My Relationships</b> <u>Feelings and bodies</u>	<b>Me and My Relationships</b> <u>Being a good friend</u>
	7 w/c 16 <sup>th</sup> Oct 23	 Owl Code Focus	<b>Me and My Relationships</b> <u>My feelings (2)</u>	<b>Me and My Relationships</b> <u>Good friends</u> Me and My Relationships – Post Unit Assessment	<b>Me and My Relationships</b> <u>Types of bullying</u> – Post Unit Assessment
<b>Autumn 2</b>	<b>Week</b>	<b>School Ethos Focus Assembly Focus</b>	<b>Reception</b>	<b>Year 1</b>	<b>Year 2</b>
	1 w/c 30 <sup>th</sup> Oct 23	 Capes of Success Concentration	Zones of Regulation Focus BFIS Ethos	Zones of Regulation Focus BFIS Ethos Valuing Difference – Pre Unit Assessment	Zones of Regulation Focus BFIS Ethos Valuing Difference – Pre Unit Assessment
	2 w/c 6 <sup>th</sup> Nov 23	 Capes of Success Teamwork	<b>Valuing Difference</b> <u>I'm special, you're special</u>	<b>Valuing Difference</b> <u>Same or different?</u>	<b>Valuing Difference</b> <u>What makes us who we are?</u>

	3 w/c/ 13 <sup>th</sup> Nov 23	<div>Capes of Success</div> <div></div> <div>Bravery</div>	Valuing Difference <u>Same and different</u>		Valuing Difference <u>Unkind, tease or bully?</u>	Valuing Difference <u>My special people</u>
	4 w/c/ 20 <sup>th</sup> Nov 23	<div>Capes of Success</div> <div></div> <div>Quality</div>	Valuing Difference <u>Same and different families</u>		Valuing Difference <u>Harold's school rules</u>	Valuing Difference <u>How do we make others feel?</u>
Anti-Bullying Week (Friendship Week)– wc 15 <sup>th</sup> Nov 2022 Christmas Jumper Day – TBC	5 w/c/ 27 <sup>th</sup> Nov 23	<div>Capes of Success</div> <div></div> <div>Drive</div>	Valuing Difference <u>Same and different homes</u>		Valuing Difference <u>It's not fair!</u>	Valuing Difference <u>When someone is feeling left out</u>
	6 w/c/ 4 <sup>th</sup> Dec 23	<div>Capes of Success</div> <div></div> <div>Independence</div>	Valuing Difference <u>I am caring</u>		Valuing Difference <u>Who are our special people?</u>	Valuing Difference <u>An act of kindness</u>
	7 w/c/ 11 <sup>th</sup> Dec 23	<div>Capes of Success</div> <div></div> <div>Perseverance</div>	Valuing Difference <u>I am a friend</u>		Valuing Difference <u>Our special people balloons</u>	Valuing Difference <u>Solve the problem</u>
	8 w/c/ 18 <sup>th</sup> Dec 23	Christmas Focus	Valuing Difference – Christmas Focus		Valuing Difference – Valuing Difference – Post Unit Assessment Christmas Focus	Valuing Difference – Valuing Difference – Post Unit Assessment Christmas Focus
Autumn Term - Visitors and Acknowledgment Events	Visitors – Fire Brigade Reindeer Wellbein g Event	SEPTEMBER		OCTOBER	NOVEMBER	DECEMBER
		School Council launch Health Champions 20 – Recycle Week Starts 22 – National Fitness Day  Learn a Language – Year 1 = Portuguese Learn a Language – Year 2 = German SCARF Assembly NSPCC - Speak out, Stay Safe Assembly		01 – Black History Month Health Champions - Kirsty 7 <sup>th</sup> October - ECC Road Safety Training – Reception Harvest Assembly on 19 <sup>th</sup> October – Reverend Andy Brown 24 <sup>th</sup> October to 1 <sup>st</sup> November - Diwali Halloween / Fireworks – Mon 31 <sup>st</sup> October 1:00 - 1:30 - Neil Soanes Essex Fire and Rescue Service Scarf Assembly – S is for Safety	05 – Guy Fawke’s Night/Bonfire Night 11 – Remembrance Day 12 – Children in Need 13 World Kindness day 14 – 20 <sup>th</sup> – Anti-bullying Week 16 – Road Safety Week 28 – start of Advent 30 – St Andrew’s Day (Christian) Learn a Language – Year 1 = Portuguese – invite parent/carers Learn a Language – Year 2 = German – invite parent/carers Scarf Assembly – C is for Caring	10 – Christmas Dress Up Day 19 <sup>th</sup> December – Christmas Assembly – Reverend Andy Brown
Spring 1	Week	School Ethos Focus Assembly Focus	Reception		Year 1	Year 2
	1 4 <sup>th</sup> and 5 <sup>th</sup> Jan 24	<div></div> <div>Owl Code Focus</div>	Zones of Regulation Focus BFIS Ethos		Being My Best Pre Unit Assessment <u>I can eat a rainbow</u>	Being My Best Pre Unit Assessment <u>You can do it!</u>

	2 w/c 8 <sup>th</sup> Jan 24	SCARF Assembly Focus S is for Safety	Being My Best <u>Bouncing back when things go wrong</u>	Being My Best <u>Eat well</u>	Being My Best <u>My day</u>
	3 w/c 15 <sup>th</sup> Jan 24	SCARF Assembly Focus C is for Caring	Being My Best <u>Yes, I can!</u>	Being My Best <u>Harold's wash and brush up</u>	Being My Best <u>Harold's postcard - helping us to keep clean and healthy</u>
	4 w/c/ 22 <sup>nd</sup> Jan 24	SCARF Assembly Focus A is for Achievement	Being My Best	Being My Best <u>Catch it! Bin it! Kill it!</u>	Being My Best <u>Harold's bathroom</u>
Children's Mental Health Week – Feb 2022 Safer Internet Day – Tuesday 8 <sup>th</sup> Feb 2022 Health Champions voted and elected - – Reception School Councillors voted and elected – all Year groups Visitors – SCARF Workshop	5 w/c 29 <sup>th</sup> Jan 24	SCARF Assembly Focus R is for Respect	Being My Best <u>My healthy mind</u>	Being My Best <u>Harold learns to ride his bike</u>	Being My Best <u>What does my body do?</u>
	6 w/c/ 5 <sup>th</sup> Feb 24	SCARF Assembly Focus F is for Friendship	Being My Best <u>Move your body</u>	Being My Best <u>Pass on the praise!</u>	Being My Best <u>My body needs... (OPTIONAL)</u>
	7 w/c/ 12 <sup>th</sup> Feb 24	Children's Mental Health Meek	Being My Best – CHILDRENS MENTAL HEALTH WEEK	Being My Best <u>Inside my wonderful body! (OPTIONAL) – CHILDRENS MENTAL HEALTH WEEK</u> Post Unit Assessment	Being My Best <u>Basic first aid – CHILDRENS MENTAL HEALTH WEEK</u> Post Unit Assessment
Spring 2	Week	School Ethos Focus Assembly Focus	Reception	Year 1	Year 2
	1 w/c 26 <sup>th</sup> Feb 24	British Values  Democracy	Rights and Respect <u>Looking after my special people</u>	Rights and Respect Pre Unit Assessment <u>Harold has a bad day</u>	Rights and Respect Pre Unit Assessment <u>Getting on with others</u>
	2 w/c 4 <sup>th</sup> Mar 24	British Values  Individual Liberty	Rights and Respect <u>Looking after my friends</u>	Rights and Respect <u>Around and about the school</u>	Rights and Respect <u>When I feel like erupting</u>
	3 w/c 11 <sup>th</sup> Mar 24	British Values  The Rule of Law	Rights and Respect <u>Being helpful at home and caring for our classroom</u>	Rights and Respect <u>Taking care of something</u>	Rights and Respect <u>Feeling safe</u>
	4 w/c/ 18 <sup>th</sup> Mar 24	British Values  Mutual Respect	Rights and Respect <u>Caring for our world</u>	Rights and Respect <u>Harold's money</u>	Rights and Respect <u>Playing games</u>
	5 w/c 25 <sup>h</sup> Mar 24	British Values  Acceptance and respect for different beliefs and cultures	Rights and Respect <u>Looking after money (1): recognising, spending, using</u>	Rights and Respect <u>How should we look after our money?</u> Post Unit Assessment	Rights and Respect <u>Harold saves for something special</u> Post Unit Assessment
Spring Term - Visitors and		JANUARY	FEBRUARY	MARCH	
		Learn a Language – Reception = French  Learn a Language – Year 1 = Urdu	4-11 – Children's Mental Health Week 07 – Safer Internet Day 14 – Valentine's Day	02 – World Book Day 11 – British Science Week 16 – Young Carers Action Day	

<b>Acknowledgment Events</b>		Learn a Language – Year 2 = Yoruba  Health Champions School Council update SCARF Assembly 22 – Chinese New Year	SCARF Assembly 21 - Shrove Tuesday (Christian) 22 Ash Wednesday (Christian) NO PENS DAY – DATE TO BE ANNOUNCED	17 – St Patrick’s Day 18 – Global Recycling Day 18 – Holi (Hindu) 20 – International Day of Happiness 21 – World Poetry Day 22 (until 20/4) Ramadan 27 – Easter Focus	
<b>Summer 1</b>	<b>Week</b>	<b>School Ethos Focus Assembly Focus</b>	<b>Reception</b>	<b>Year 1</b>	<b>Year 2</b>
	1 w/c 15 <sup>th</sup> Apr 24	 Owl Code Focus	<b>Keeping Myself Safe</b> <u>What's safe to go onto my body</u>	<b>Keeping Myself Safe</b> Pre Unit Assessment <u>Super sleep</u>	<b>Rights and Respect</b> How can we look after our environment?
	2 w/c 22 <sup>nd</sup> Apr 24		<b>Keeping Myself Safe</b> <u>Keeping Myself Safe - What's safe to go into my body (including medicines)</u>	<b>Keeping Myself Safe</b> <u>Who can help? (1)</u>	<b>Keeping Myself Safe</b> <u>Harold's picnic</u> Pre Unit Assessment
	3 w/c 29 <sup>th</sup> Apr 24		<b>Keeping Myself Safe</b> <u>Safe indoors and outdoors</u>	<b>Keeping Myself Safe</b> <u>Good or bad touches?</u>	<b>Keeping Myself Safe</b> <u>How safe would you feel?</u>
	4 w/c 6 <sup>th</sup> May 24		<b>Keeping Myself Safe</b> <u>Listening to my feelings</u>	<b>Keeping Myself Safe</b> <u>Sharing pictures</u>	<b>Keeping Myself Safe</b> <u>What should Harold say?</u>
	5 w/c 13 <sup>th</sup> May 24		<b>Keeping Myself Safe</b> <u>Keeping safe online</u>	<b>Keeping Myself Safe</b> <u>What could Harold do?</u>	<b>Keeping Myself Safe</b> <u>I don't like that!</u>
	6 w/c 20 <sup>th</sup> May 24		<b>Keeping Myself Safe</b> <u>People who help to keep me safe</u>	<b>Keeping Myself Safe</b> <u>Harold loses Geoffrey</u> Post Unit Assessment	<b>Keeping Myself Safe</b> <u>Fun or not?</u>
<b>Summer 2</b>	<b>Week</b>	<b>School Ethos Focus Assembly Focus</b>	<b>Reception</b>	<b>Year 1</b>	<b>Year 2</b>
	1 w/c 3 <sup>rd</sup> Jun 24	Transition	<b>Growing and Changing</b> <u>Seasons</u>	<b>Growing and Changing</b> <u>Healthy me</u> Pre Unit Assessment	<b>Keeping Myself Safe</b> Should I tell? Post Unit Assessment
	2 w/c 10 <sup>th</sup> Jun 24		<b>Growing and Changing</b> <u>Life stages - plants, animals, humans</u>	<b>Growing and Changing</b> <u>Then and now</u>	<b>Growing and Changing</b> <u>A helping hand</u> Pre Unit Assessment
	3 w/c 17 <sup>th</sup> Jun 24		<b>Growing and Changing</b> <u>Life Stages: Human life stage - who will I be?</u>	<b>Growing and Changing</b> <u>Taking care of a baby</u>	<b>Growing and Changing</b> <u>Sam moves away</u>
	4 w/c 24 <sup>th</sup> Jun 24		<b>Growing and Changing</b> <u>Where do babies come from?</u>	<b>Growing and Changing</b> <u>Who can help? (2)</u>	<b>Growing and Changing</b> <u>Haven't you grown!</u>

	5 w/c 1 <sup>st</sup> Jul 24		Growing and Changing <u>Getting bigger</u>		Growing and Changing <u>Surprises and secrets</u>		Growing and Changing <u>My body, your body</u>	
	6 w/C 8 <sup>th</sup> Jul 24		Growing and Changing <u>Me and my body - girls and boys</u>		Growing and Changing <u>Keeping privates private</u> Post Unit Assessment		Growing and Changing <u>Respecting privacy</u>	
	7 w/c/ 15 <sup>th</sup> Jul 24		Zones of Regulation Focus BFIS Ethos		Zones of Regulation Focus BFIS Ethos		Growing and Changing <u>Some secrets should never be kept</u> Post Unit Assessment	
	8 22 <sup>nd</sup> and 23 <sup>rd</sup> Jul 24		Zones of Regulation Focus BFIS Ethos		Zones of Regulation Focus BFIS Ethos		Zones of Regulation Focus BFIS Ethos	
<b>Summer Term - Visitors and Acknowledgment Events</b>	World Environment Day – 5 <sup>th</sup> June 2023 School Councillors voted and elected – all Year groups Visit to Pets at Home – re: looking after animals	<b>APRIL</b>	<b>MAY</b>	<b>JUNE</b>	<b>JULY</b>			
		Learn a Language – Reception = Spanish Learn a Language – Year 1 = Bulgarian Learn a Language – Year 2 = Mandarin Health Champions School Council update Mathematics Awareness Month 02 – World Autism Awareness Day 07 – World Health Day 22 – Earth Day 22 – Eid-al-Fitr 23 – St George’s Day 25 – National Gardening Week 29 - International Dance Day	01 – May Day 01 – Local & Community History Month 01 – National Share a Story Month 02 – Teacher Appreciation Week 02 – Deaf Awareness Week 06 – Sun Awareness Week 07 – NSPCC Number Day 08 – VE Day 13 – Mental Health Awareness Week 13 – National Numeracy Day 21 – World Day for Cultural Diversity Water Safety – Tues 9th May 10:30 – 11:00 – Neil Soanes – Essex Fire and Rescue Service	01 Dinosaur Day 03 – Platinum Jubilee Bank Holiday 05 – World Environment Day 08 – World Ocean’s Day 18 - National School Sports Week 19 – Father’s Day 21 – World Music Day SCARF Assembly Summer Safety – Mon 26th June 09:30 – 10:00 – Neil Soanes Essex Fire and Rescue Service	Children’s Art Week - TBC  SCARF Assembly – F is for Friendship			