Let's see what's	
for lunch	

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Served With Peas & Broccoli

Dessert

Served With

Dessert

Carrots & Sweetcorn

Maryland Cookie

Main Meals

Beef Bolognaise with Spaghetti Vegan Bolognaise with Spaghett

Vegan Bolognaise with Spaghetti

Baked Jackets with Grated Cheese

Ham & Cheese Pizza with Baked Wedges

Main Meals

Tuesday Margherita Pizza with Baked Wedges

Pasta & Tomato Sauce

Main Meals Wednesday Roast Chicken with Roast Potatoes & Gravy

Squash & Lentil Lasagne Baked Jackets with Baked Beans

Main Meals Thursday Caribbean Chicken Curry with Wraps

Vegan Caribbean Vegetable Curry with Wraps

Pasta & Tomato Sauce

Main Meals

Breaded Fish Fingers Friday with Chips & Ketchup

Peas & Baked Beans Dessert

Banana Flapjack

Baked Jackets with Grated Cheese

Vegan Goujons with Chips & Ketchup

Freshly Baked Bread: Carrot & Beetroot or Wholemeal Bread

> Week I: 1st January, 22nd January, 12th February, 4th March, 25th March, 15th April, 6th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Apple Crumble with Custard Served With Seasonal Greens & Cauliflower

Dessert Cherry Cornflake Cake

Served With Broccoli & Carrots

Dessert Chocolate & Pear Sponge

Served With

Week 2 Served With with Mashed Potato & Gravy Dessert Cake with Mashed Potato & Gravy

Served With

Bacon & Mushroom Carbonara with Pasta Cheese, Onion & Potato Turnover Baked Jackets with Grated Cheese

Main Meals

Main Meals

Main Meals

Pork Sausage

Vegan Sausage

Pasta & Tomato Sauce

Monday

Tuesday

Honey Roast Gammon Nednesday with Roast Potatoes & Gravy Sweet Chilli Stir-fry Mushroom

& Vegetable Noodles Wholewheat Pasta & Tomato Sauce

Main Meals

Thursday Chilli Con Carne with Steamed Rice Vegan Bean Chilli with Steamed Rice

Baked Jackets with Baked Beans or Salmon Mayonnaise

Main Meals

- Friday Breaded Fish Fingers with Chips & Ketchup
 - Vegan Fajita Wrap with Chips & Ketchup Pasta & Tomato Sauce

Freshly Baked Bread: Garlic & Herb or Wholemeal Bread

Week 2: 8th January, 29th January, 19th February, 11th March, 1st April, 22nd April, 13th May PABULUM ERESH FOOD Made Fresh Every Day All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

Sweetcorn & Baked Beans Chocolate Rice Krispie

Carrots & Broccoli

Mandarin Jelly

Served With

Vanilla Ice Cream

Served With

Served With

Dessert

Dessert

Carrots & Sweetcorn

Apple & Carrot Flapjack

Peas & Baked Beans

Lemon Drizzle Sponge

Seasonal Greens & Peas

Dessert

Dessert

Monday

Main Meals Sweet & Sour Pork with Steamed Rice Vegan Burrito Pasta & Tomato Sauce

Main Meals

Wednesday

Main Meals

Thursday with Steamed Rice

Main Meals

Breaded Fish Fingers Friday with Chips & Ketchup Vegan Bubble & Squeak with Chips & Ketchup Baked Jackets with Grated Cheese

Freshly Baked Bread:







Fresh Fruit, Yoghurt or Jelly

Main Meals

Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne

Vegan Roasted Ratatouille with Penne

Baked Jackets with Grated Cheese

Pasta & Tomato Sauce

Herby Roast Chicken with Roast Potatoes & Gravy

3 Vegetable Mac n' Cheese

Baked Jackets with Baked Beans

Beef Keema with Tumeric Rice

Vegan Chickpea & Spinach Korma

Pasta & Tomato Sauce

Courgette & Tomato or Wholemeal Bread

Week 3: 15th January, 5th February, 26th February, 18th March, 8th April, 29th April, 20th May

> **BM1** BarnesFarm Jan 2024 All products are subject to availability

Served With Carrots & Broccoli

Week

Dessert Orange Shortbread Biscuit

Served With Sweetcorn & Coleslaw

Dessert Carrot Cake

Served With Seasonal Greens & Broccoli

Dessert Chocolate & Beetroot Brownie

Served With Cauliflower & Carrots

Dessert Vanilla Ice Cream

Served With Peas & Baked Beans

Dessert Apple & Parsnip Cake

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