Barnes Farm Infant School



PE and Sport Funding - Impact Report

2018- 2019

Join Chelmsford School PE Partnership & PLT Release Day - CPD (1 x term) and administration to develop the provision for a sustainable future

Miss Hook has attended the partnership training days which outline new procedures in Essex, potential funding ideas and competitions on offer throughout the year.

In Autumn 1, 18 children across the three year groups attended the KS1 cross country event. The children won numerous individual races, team races and we also took home the overall 1st place trophy. The children represented the school brilliantly.

All additional free training courses that the PE partnership offer have been shared with staff. Members of staff speak to Miss Hook if they wish to sign onto courses (CPD).

During Autumn 2, Mrs Clearly took 8 children to participate in the Teddy Olympics competition held at Chelmsford Sports and Athletics Centre. The children competed against many schools and had the chance to participate in a range of different athletic activities.

Miss Hook attended the Spring 1 PLT training day which continued to look at changes in sports premium funding, new opportunities for schools and ways to develop sport and fitness within our setting. During the training morning, they focussed on how to evidence the impact of sports premium funding.

On the 11th of March, all MDA staff received training hosted by the Chelmsford School Sports partnership. This training was provided at no additional cost. The training was to help increase active play during lunchtimes. The morning provided the MDA staff time to reflect on current practice, brainstorm ideas on how to improve play and lunchtimes and give them some ideas of games and activities they could take back to the playground. Due to this training, we are now in the process of introducing a play facilitator during lunchtime play. By doing so, this should increase active play during lunchtimes. This will help to contribute towards to 30 minutes of daily activity schools are required to provide.

Team teaching with professional coaches to support the continuous professional development of staff.

All members of staff have worked with a sports coach for at least an hour a per week. Focusing on developing skills across the curriculum.

At the beginning of the year, Mr Simms (coach) worked closely with Miss Hook to ensure curriculum coverage and that a range of different skills were being taught throughout the year groups. A curriculum

overview was produced which linked closely to the competitions the children would attend throughout the year and areas in which as a school we needed to develop.

Throughout Autumn 2, Mr King (coach) continued to work throughout all three year groups. He has been working alongside teachers, delivering a range of lesson covering different sports and techniques. This has broadened teacher's knowledge and given them many ideas of different ways to deliver PE lessons.

In Spring 1, the timetable was rearranged to ensure that members of staff that had not benefited from a team teach session in the Autumn term had the chance to in the Spring term.

By the end of Summer term all staff had the opportunity to work with Mr King to develop their own CPD practice further.

<u>Develop extra curriculum provision which includes targeting specific groups of pupils. Further</u> <u>development of Extra Curriculum Clubs and establishing links with local clubs.</u>

In Autumn 1, Mrs Robinson ran Gym trail for targeted children to help develop their gross and fine motor skills.

With our links with PE4Primary Schools we have been able to offer both before and after school clubs, Monday through to Wednesday, offering a wider range of extra curriculum activities. There is a charge for attending the clubs and PE and Sports funding covers the outstanding balance to ensure that the clubs go ahead.

Yoga club was offered after school and was very popular. This helped to promote mindfulness.

Football has also been very popular after school on a Friday.

PE4Primary continued to offer both before and after school clubs on a Monday, Tuesday and Wednesday. As a school, we decided to offer a different range of clubs to broaden children experiences. Foundation stage also can join these clubs in the Spring Term.

During Autumn 2, these clubs had a better intake, particularly the after-school clubs, which was fantastic to see and helped to promote sports and fitness across the school.

During Spring 1, an invite was sent to groups and individuals offering free spaces at the sports clubs. This will happened again in Spring 2.

Clubs have continued to be offered to the children both before and after school. During the Summer term, we looked at what clubs were popular and ensured these continued but also looked at new clubs we could offer. E.g. athletics.

Attendance at sporting events (coaches fees and transport costs) e.g. Year 2 Mini Games.

Autumn 1 - Coach to the KS1 cross country event at Chelmsford Sports and Athletic centre.

Autumn 2 - Teddy Olympics - 8 x Year 1 children

During Spring 1, Miss Hook took a team of 8 children to a cheerleading competition. The children competed and placed first in the KS1 division. The children then placed second in the county finals.

Mrs Tully took 6 children, from Year 1, to compete in the KS1 Tag Rugby competition.

Miss Hook took 8, Year 2, children to compete in the Gymnastics competition held at Chelmsford Sports and athletic centre.

All Year 2 children had the opportunity to attend the Mini games competition. The children competed in a range of different activities and it was a great way to celebrate the end of SATs. One of our pupils was awarded second place for his combined score across the competition.

On the 4th of July, all the children participated in Sports Day. This event celebrated all the children's physical abilities and showcase what they have been learning in PE throughout the year.

<u> Specialist Sports Coach – Yoga:</u>

- To strengthen core muscles
- To improve flexibility and strength
- To improve gross and fine motor skills

(All the above whilst improving well-being, developing strategies to calm and mindfulness breathing techniques).

Six of the KS1 classes have had the opportunity to participate in a 6-week Yoga programme taught by a specialist Yoga Coach. The children have been taught a range of techniques that they can take back to the classroom to help them throughout the school day.

Yoga was also offered as an after-school club on Thursday in the Autumn term which the children paid a small charge for each week. PE and Sports Funding covered the remainder of the cost so that the club could go ahead.

Autumn 2 - the two remaining classes had the opportunity to participate in the 6 week programme taught by the yoga coach and learnt the techniques promoted in the lessons.

Specialist Sports Coach:

<u>To develop Quality Year 2 Sports Leaders to support lunchtime activities (staff training and pupil</u> <u>development) including coaches in the lunch hour.</u>

Monday through to Wednesday a sports coach joined the midday staff on the playground to help initiate games and provided more active lunch times.

Autumn 2 - Discussions were held between Mrs Farmer, Miss Hook and PE4Primary on how to implement playleaders effectively in our school. Two children from each class were picked, who had shown leadership/teamwork throughout the day. As a reward, they were chosen as playleaders for that lunch time. The playleaders worked alongside Mr King helping to promote safe and active play at lunchtimes. This began in Spring 1. The children received an assembly about the role of Playleaders and what their responsibilities are. It was also explained to the younger children how they could interact with the Playleaders during lunch time. The Class teachers in Year 2 selected two children to be Playleaders for lunchtime. Playleaders were in place Monday-Wednesday working alongside Mr King. The playleaders wore yellow bibs so other children were able to identify the Playleaders for that day. A MDA, who worked closely with Mr King, continued the Playleader role on a Thursday and Friday in Mr King's absence.

Additionally, new resources were purchased to help increase active classrooms and make PE lessons, particularly gym and dance, more diverse.